

Cohen, Caryn

From: Francois Pradeau (b) (6)
Sent: Tuesday, December 13, 2011 1:05 PM
To: TPSAC
Subject: e-cigarette helped me quit

To Whom It May Concern:

I have heard that on January 19, 2011, from 3-4 PM in Rockville, MD, the FDA's Center for Tobacco Products will be holding a hearing on dissolvable tobacco. Although I will not be able to attend, I want to send my testimony on the e-cigarette, that should be kept legal for people over 18 (at least like tobacco).

I was a smoker of 25 years, and tried about every single quitting methods out there: patches, gums, cold-turkey, patches again, Chantix, Zyban. None of these tries was successful, and I had given up trying altogether when I ran into the e-cigarette. After a few tries, I settled on a set-up that was working for me, and without really 'trying', stopped smoking regular cigarettes.

Within a few weeks, I could feel the difference: my lungs had cleared up quite a bit, no more whizzing and coughing was less and less. The smell and annoyance of true smoke was gone as well: my family were noticing a huge difference and our quality of life improved all around.

After 18 months of e-cigarette, I'm feeling so much better! I know that quitting for me is likely impossible (after all these tries), so having a substitute that is known to be less toxic is the way to go.

I hope this story will help point out that the e-cigarette is a great alternative for hard-core smokers - not everybody can quit, and having an e-cigarette option is extremely important to these people

Best regards,
François Pradeau

12/28/2011

Cohen, Caryn

From: Rhonda Morrison (b) (6)
Sent: Tuesday, October 18, 2011 8:15 PM
To: TPSAC
Subject: Attn: Caryn Cohen - written comments about dissolveable tobacco products for your November 2 & 3 meeting

I urge the TPSAC to truthfully acknowledge that:

- dissolvable tobacco products (and other smokefree tobacco products) are far less hazardous alternatives to cigarettes,
- reducing cigarette consumption reduces smoker's morbidity and mortality risks (even if smokers don't quit smoking),
- there is no evidence that dissolvable tobacco products cause mouth cancer, gum disease or tooth loss (in contrast to Congressionally mandated warning label claims claiming otherwise on all smokeless tobacco products),
- there is no evidence that dual usage of dissolvables and cigarettes increases health risks for smoker (compared to exclusive cigarette usage) or reduces their likeliness of quitting smoking,
- there is no evidence that dissolvable tobacco products are marketed to youth, and
- there is no evidence that dissolvable tobacco products have harmed anyone due to accidental ingestion.

Thank you,

Rhonda Morrison

Cohen, Caryn

From: Joe Sawvel [REDACTED] (b) (6)
Sent: Monday, December 12, 2011 11:36 AM
To: TPSAC
Subject: My opinion on e-cigarettes

Hello,

I understand that the legality of e-cigarettes is in question. This is most obviously an assault by the tobacco industry to try to limit a product that competes with their's.

I think in the case of e-cigarettes, we should not ask, "are they safe?." We should ask, are they are a safer alternative to smoking, because an alternative to smoking is exactly what they are.

It has already been established that smoking can have dramatic negative health effects.

So, anything as an alternative with lesser negative health effects should be made available. In my experience using e-cigarettes, my physical endearance is less effected, and my lungs feel healthier.

So, I think e-cigarettes are a great alternative to cigarettes and should be as legal as cigarettes.

Best,

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Joseph Sawvel
[REDACTED] (b) (6)

12/28/2011